



3810 Valley Centre Drive Ste. 904  
 San Diego, Ca. 92130  
 (858) 720 - 8531  
[www.WorldClassSD.com](http://www.WorldClassSD.com)

# WORLD CLASS MARTIAL ARTS

  @churchsmartialarts

| Time  | Monday         | Tuesday        | Wednesday      | Thursday        | Friday                                | Saturday          | Time  |
|-------|----------------|----------------|----------------|-----------------|---------------------------------------|-------------------|-------|
| 8:00  |                |                |                |                 |                                       | White - Yellow    | 8:00  |
| 8:45  |                |                |                |                 |                                       | Camo - Purple     | 8:45  |
| 9:30  |                |                |                |                 |                                       | Blue - Black Belt | 9:30  |
| 10:00 |                |                |                | Adult Class     |                                       |                   | 10:00 |
| 10:15 |                |                |                |                 |                                       | Tigers            | 10:15 |
| 10:45 |                |                |                |                 |                                       | Legacy Comp       | 10:45 |
| 11:30 |                | Adult Class    |                |                 |                                       |                   | 11:30 |
| 3:00  |                |                |                |                 |                                       |                   | 3:00  |
| 3:30  | Tigers         |                |                | Tigers          | Tigers                                |                   | 3:30  |
| 3:45  |                |                |                |                 |                                       |                   | 3:45  |
| 4:00  | White - Yellow | Tiger          | Tiger          | Legacy Comp.    | White - Yellow                        |                   | 4:00  |
| 4:15  |                |                |                |                 |                                       |                   | 4:15  |
| 4:30  |                | Blue - Rec Blk | White - Yellow |                 |                                       |                   | 4:30  |
| 4:45  | Camo - Purple  |                |                |                 | Camo - Purple                         |                   | 4:45  |
| 5:00  |                |                |                | White - Yellow  |                                       |                   | 5:00  |
| 5:15  |                | Camo - Purple  | Camo - Purple  |                 |                                       |                   | 5:15  |
| 5:30  | Blue - Rec Blk |                |                |                 | Legacy Forms 2nd & 3rd Degree         |                   | 5:30  |
| 5:45  |                |                |                | Camo - Red      |                                       |                   | 5:45  |
| 6:00  |                | White - Yellow | Blue - Rec Blk |                 |                                       |                   | 6:00  |
| 6:15  | Legacy Weapons |                |                |                 | Legacy Forms Color Belts & 1st Degree |                   | 6:15  |
| 6:30  |                |                |                | Junior Sparring |                                       |                   | 6:30  |
| 6:45  |                | Legacy         | Black Belt     |                 |                                       |                   | 6:45  |
| 7:00  | Black Belt     |                |                |                 |                                       |                   | 7:00  |
| 7:15  |                | Black Belt     |                | Sparring        | Legacy Extreme                        |                   | 7:15  |

MyStudio Code: Church

